FAST FACTS ON NUTRITION AND ITS DETERMINANTS IN TAMIL NADU

- **CHILDREN UNDER 5 YEARS**
  - 23.3% Stunted
  - 19% Wasted

- **Immediate Determinants**
  - 57% Infants 0-5 months old who are exclusively breastfed
  - 64% Infants 6-8 months old who receive solid, semi-solid or soft foods
  - 21.4% Infants & young children 6-23 months old who achieve minimal diet diversity in complementary feeding
  - 60.2% Children 6-59 months old with anemia
  - 33.8% Children 6-35 months old who received supplementary food under ICDS for 21 days in the month prior to survey
  - 76.3% Children 12-23 months old who are fully immunized
  - 36.1% Currently married women with 10 or more years of schooling
  - 43.4% Households practicing open defecation

- **Underlying Determinants**
  - 49.2% Women 15-49 years old with anemia
  - 16.6% Population below state-specific poverty line
  - 35.2% Adolescent girls 15-18 years old with low BMI (<18.5)
  - 91.8% Mothers of children under 36 months old who received three or more antenatal checkups
  - 20.7% Women aged 20-24 years who were married before the age of 18

- **World Health Assembly Nutrition Targets**
  - 5.1% Children 6-59 months old who had diarrhea in 15 days prior to survey

2. Source: DLHS4, 2012-13
3. Source: Press Note on Poverty Estimates, 2011-12, Planning Commission, Govt. of India