FAST FACTS ON NUTRITION AND ITS DETERMINANTS IN PUNJAB

**Children under 5 years**
- 30.5% Stunted¹
- 8.7% Wasted¹

**Immediate Determinants**
- 60.2% Infants 0-5 months old who are exclusively breastfed¹
- 20.7% Children under 3 years who have low birth weight (<2.5 kgs)¹
- 52.7% Women 15-49 years old with anemia²
- 53.8% Infants 6-8 months old who receive solid, semi-solid or soft foods³
- 19.1% Infants & young children 6-23 months old who achieve minimal diet diversity in complementary feeding³
- 65.8% Children 6-59 months old with anemia²
- 2.6% Children 6-59 months old who had diarrhea in 15 days prior to survey¹
- 23.8% Children 6-35 months old who received supplementary food under ICDS for 21 days in the month prior to survey¹
- 78.6% Children 12-23 months old who are fully immunized¹
- 59.8% Mothers of children under 36 months old who received three or more antenatal checkups¹
- 42.3% Currently married women with 10 or more years of schooling³
- 12.5% Women aged 20-24 years who were married before the age of 18³
- 38.8% Adolescent girls 15-18 years old with low BMI (<18.5)³
- 9.7% Households practicing open defecation¹
- 8.3% Population below state-specific poverty line²

**Does state have a high-level nutrition mission?** NO

¹ Source: RSoC, 2014
² Source: DLHS4, 2012-13
³ Source: Press Note on Poverty Estimates, 2011-12, Planning Commission, Govt. of India