FAST FACTS ON NUTRITION AND ITS DETERMINANTS IN MIZORAM

**Children under 5 years**
- **26.9%** Stunted\(^1\)
- **14.3%** Wasted\(^1\)

**World Health Assembly Nutrition Targets**
- **44.5%** Infants 0-5 months old who are exclusively breastfed\(^1\)
- **2.2%** Children under 3 years who have low birth weight (<2.5 kgs)\(^1\)
- **64.1%** Women 15-49 years old with anemia\(^2\)

**Immediate Determinants**
- **60.9%** Infants 6-8 months old who receive solid, semi-solid or soft foods\(^3\)
- **10.5%** Infants & young children 6-23 months old who achieve minimal diet diversity in complementary feeding\(^3\)
- **70.7%** Children 6-59 months old with anemia\(^2\)
- **4.6%** Children 6-59 months old who had diarrhea in 15 days prior to survey\(^1\)

**Underlying Determinants**
- **31.5%** Currently married women with 10 or more years of schooling\(^3\)
- **9.1%** Women aged 20-24 years who were married before the age of 18\(^1\)
- **24.8%** Adolescent girls 15-18 years old with low BMI (<18.5)\(^3\)

**Does state have a high-level nutrition mission?**
- **NO**

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\(^1\) Source: RSoC, 2014
\(^2\) Source: DLHS4, 2012-13
\(^3\) Source: Press Note on Poverty Estimates, 2011-12, Planning Commission, Govt. of India