### FAST FACTS ON NUTRITION AND ITS DETERMINANTS IN KERALA

#### Immediate Determinants

- **Children under 5 years**
  - 19.4% Stunted
  - 15.5% Wasted

- **Infants 0-5 months old who are exclusively breastfed**
  - 58.6%

- **Children under 3 years who have low birth weight (<2.5 kgs)**
  - 13%

- **Women 15-49 years old with anemia**
  - 32.7%

- **Infants 6-8 months old who receive solid, semi-solid or soft foods**
  - 72.6%

- **Infants & young children 6-23 months old who achieve minimal diet diversity in complementary feeding**
  - 36.6%

- **Children 6-59 months old with anemia**
  - 48.5%

- **Children 6-59 months old who had diarrhea in 15 days prior to survey**
  - 3.6%

- **Children 6-35 months old who received supplementary food under ICDS for 21 days in the month prior to survey**
  - 24.2%

- **Children 12-23 months old who are fully immunized**
  - 83%

- **Mothers of children under 36 months old who received three or more antenatal checkups**
  - 87.8%

- **Infants 0-5 months old who are exclusively breastfed**
  - 70.8%

- **Women aged 20-24 years who were married before the age of 18**
  - 7.1%

- **Adolescent girls 15-18 years old with low BMI (<18.5)**
  - 34.8%

- **Households practicing open defecation**
  - 1.9%

- **Population below state-specific poverty line**
  - 7.1%

- **Does state have a high-level nutrition mission?**
  - NO

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2. Source: DLHS4, 2012-13
3. Source: Press Note on Poverty Estimates, 2011-12, Planning Commission, Govt. of India