FAST FACTS ON NUTRITION AND ITS DETERMINANTS IN BIHAR

**Children under 5 years**
- 49.4% Stunted
- 13.1% Wasted

**Immediate Determinants**
- 70.8% Infants 0-5 months old who are exclusively breastfed
- 45.7% Infants 6-8 months old who receive solid, semi-solid or soft foods
- 16.1% Infants & young children 6-23 months old who achieve minimal diet diversity in complementary feeding
- 78% Children 6-59 months old with anemia
- 0% Children 6-35 months old who received supplementary food under ICDS for 21 days in the month prior to survey
- 60.4% Children 12-23 months old who are fully immunized
- 4.5% Children 6-59 months old who had diarrhea in 15 days prior to survey

**Underlying Determinants**
- 10.9% Currently married women with 10 or more years of schooling
- 47.1% Women aged 20-24 years who were married before the age of 18
- 74.8% Households practicing open defecation
- 33.7% Population below state-specific poverty line
- 45.2% Adolescent girls 15-18 years old with low BMI (<18.5)

**World Health Assembly Nutrition Targets**
- 70.8% Women 15-49 years old with anemia

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2. Source: NFHS-3, 2006
3. Source: DLHS-3, 2007-08
4. Source: Press Note on Poverty Estimates, 2011-12, Planning Commission, Govt. of India